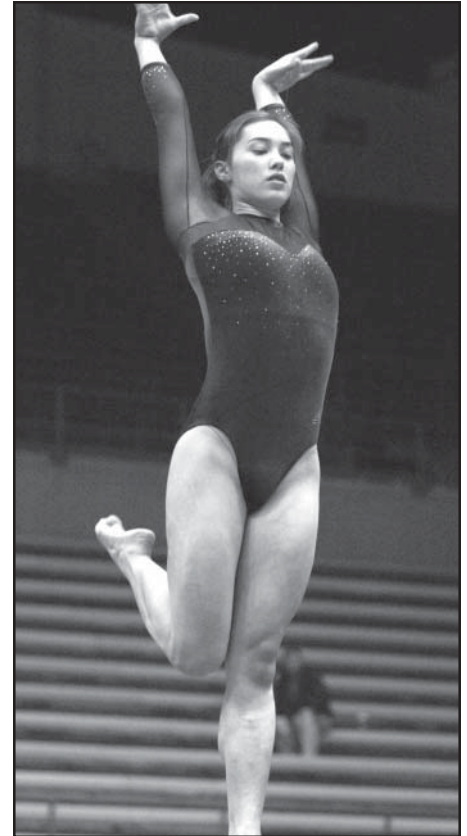
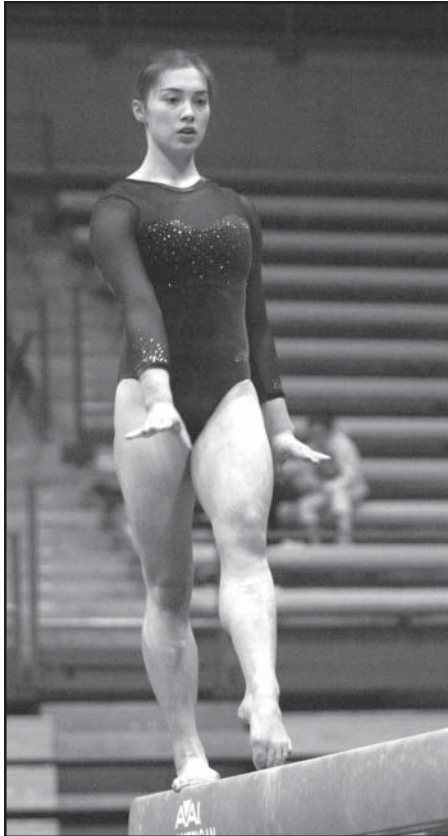


2005 OUTLOOK



Senior My-Lan Dodd was the 2004 Pac-10 balance beam co-champion.

BEARS LOOK TO VAULT PROGRAM TO NEW HEIGHTS IN 2005

If **Cari DuBois'** first two seasons as head coach of the California women's gymnastics team are any indication of where the program is headed, then the 2005 squad could be the most successful in Cal's history.

The Bears have finished each of the last two seasons nationally ranked and begin this season No. 25 in the nation (GymInfo Preseason Coaches Poll). The 2004 squad finished fifth at the NCAA West Regional meet, while the 2003 team took fourth and the program has posted back-to-back winning records for first time since 1991-92.

Clearly, the precedent has been set. Now, a squad bookended with superb senior and freshman classes is poised to keep the trend going.

"Last year, we raised the bar big time. We had success and we're ready to take it to the next level," DuBois said. "I expect us to keep climbing the ranks."

Unlike past seasons, DuBois feels this year's Bears are "ahead of the curve." When DuBois was initially hired, she admittedly didn't have much time to recruit and prepare for her first season as she would have liked. Still, her first Cal squad finished the 2003 campaign 12-5, ranked 18th in the nation, and set the top three all-around scores in the program's history.

Even in 2004, with a year under her belt and more time to recruit, DuBois didn't feel as comfortable and confident about the upcoming season as she does now.

"This year, we're more physically fit," DuBois said. "We have a great group of freshmen. Our mindset is more positive. I don't feel like we're playing catch-up at all this season. I felt before we had to chase success and this year we're ahead of schedule."

Headlining this year's squad will once again be all-arounder **My-Lan Dodd**. The senior from Seattle was the 2004 Pac-10 balance beam co-champion, the first conference beam champion in the program's history. As a sophomore, Dodd became the first Cal gymnast in nearly a decade to qualify for the NCAA championships. She currently holds a share of Cal's all-time top marks on balance beam (9.950), vault (9.950) and floor exercise (9.950). Only a perfect 10.000 by Cindy Tom (1992) on bars keeps Dodd from the top position in that event.

Despite having one of the most impressive resumes in Cal history, DuBois thinks Dodd has more to prove in her final season.

"I feel that she still has a lot of untapped potential," DuBois said. "I'd like to see her win a regional or national title and I think she's capable of doing that. She's one of the most calm and collected competitors I've ever met. Nothing fazes her."

Another strong all-around competitor for the Bears is expected to be **Britani Pittullo**, who initially walked-on to the team two years ago and has since earned a scholarship. The junior rebounded from a third-degree ankle sprain in the Bears' first meet of 2004 to post Cal's second-highest all-around mark at the NCAA Regional meet (39.000). In the off-season, Pittullo underwent ankle and shoulder surgery and DuBois hopes to have her in top form midway through the 2005 campaign.

"Britani has learned a lot of new skills and you want to see your upperclassmen keep improving," DuBois said. "She has guts and she's aggressive."

Lauren Shipp (vault, beam, bars) earned a number of high marks for the Bears in 2004. The senior placed third at the NCAA Regionals on the balance beam (9.900). Her top career score came on Jan. 30, when she earned a 9.950 to help the Bears defeat Oregon State. DuBois awarded her a full out-of-state scholarship for her senior season.

"Lauren is going to have her best year as a collegian," DuBois said. "She's

one of our most improved gymnasts and she's still learning new skills, which is nice to see out of a senior. Everyone knew she had the potential and now she's proving it."

Senior **Miho Maeda**, another former walk-on who has earned a scholarship, is expected to again see competition time in the all-around. DuBois considers her one of the strongest contributors to the Bears' success.

While sophomore **Elyse Wong** didn't compete extensively last season, DuBois credits some of the all-arounder's consistency with boosting the Bears into Regionals.

"This year, we hope to have Elyse in the lineup more often," DuBois said. "She's a very hard worker, very consistent and very steady."

Sophomore all-arounder **Justine Cephus** is returning from a knee injury and her competition time will depend on how well she rehabilitates. "She's incredible on the beam and vault," praised DuBois.

Sophomore **Isabel Garcia** will compete on the vault, balance beam and floor exercise.

"She improved a lot as a freshman and we found some new skills to make her stand out," DuBois said.

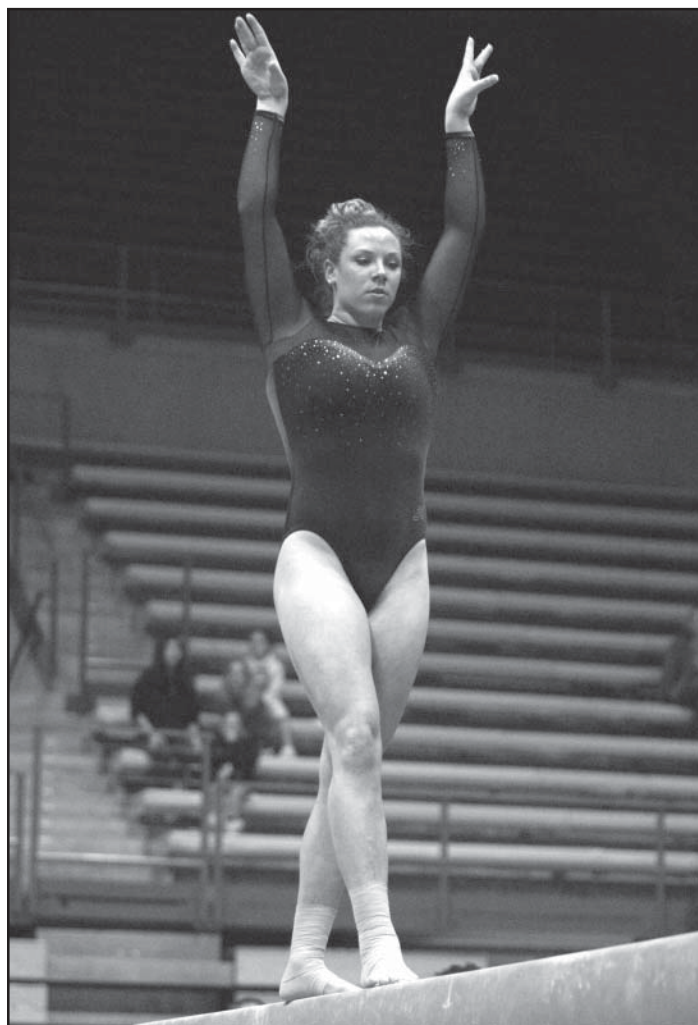
DuBois' recruiting class is highlighted by freshman **Nicki Wells**, an all-arounder who competed for New Zealand at the 1999 and 2003 World Championships and 2002 Commonwealth Games. As well as being a physically strong athlete, DuBois considers Wells the hardest worker she's ever coached.

"When you give her an assignment, she goes above and beyond what you asked for," DuBois said of the Auckland native. "She has so much experience. She'll give us great leadership as a freshman."

Other first-year all-arounders looking to contribute this season are **Keiko Nakamura**, **Siobhan Luce** and **Alli Szutu**. Depending on how she bounces back from a broken right foot, **Alexandra Dillon** could see competition time on the vault, beam and floor.



Junior Britani Pittullo brings experience in the all-around competition for the Bears this season.



Senior Lauren Shipp placed third at the NCAA Regionals on the balance beam (9.900)

"None of our freshman are tapped out. They'll all continue to learn new skills which is the name of success," DuBois said.

Returning on the bench with DuBois as assistants are **Steve Arkell** and his wife, Sue. Steve is in his second season with Cal, assisting DuBois with recruiting, spotting and event preparation and conditioning. **Sue Arkell**, who was a volunteer assistant last season, oversees cardio exercises and choreography on both the floor and beam.

"They are two of the best technicians I've ever worked with," DuBois said. "We're all passionate about what we do."

As the expectations and profile of the Cal program rise, so does the level of their opposition. The Bears have four home meets at Haas Pavilion this season, opening with a quad-meet with Stanford, Brown and UC Davis on Jan. 14 and dual meets with Arizona (Feb. 4), Washington (Feb. 18) and North Carolina State (March 11). However, DuBois points to the March 4 quad-meet with national team powers Utah, Stanford and Florida in Salt Lake City as the Bears most demanding regular-season event.

"It will be our toughest competition," DuBois said. "All three of those teams were in the Super Six last year. It'll be a great experience for this team because of the high level of competition, the sold-out arena and because it's loud and intense. It will be exciting to see how they respond."

Haas Pavilion plays host to the Pac-10 Championships this year on March 26. DuBois considers this competition a more formidable challenge for her Bears than the NCAA Regionals because of the high level of talent on the West Coast.

"I want this team to rise to the occasion," DuBois said. "I'd like to see this team go to nationals. That's not just a possibility but a reality."

HEAD COACH

CARI DuBOIS

Head Coach
Third Season at Cal



Since arriving in Berkeley in 2003, Cari DuBois has led the California women's gymnastics program to immediate success, and helped turn the Bears into an emerging Pac-10 power. In her short tenure, DuBois has guided the Bears to their first back-to-back dual-meet winning seasons since 1991-92 and led the 2003 Cal team to its highest NCAA Regional Finish (fourth) since 1992. A year later, Cal finished fifth at NCAA Regionals, the program's best back-to-back postseason showing since 1991-92. She was named Pac-10 Co-Coach of the Year and West Regional Coach of the Year in 2003; the same season she helped My-Lan Dodd become Cal's first NCAA Championship meet representative in nearly a decade.

DuBois' presence in the Cal program was felt right away. She inherited a team that finished a disappointing 5-9 the year before her arrival and, with virtually no time to recruit for the upcoming season, guided the Bears to a 12-5 dual meet record. Cal made its first NCAA Regionals appearance since 2001, finishing fourth – the best placement since taking third in 1992. In 2004, Cal finished 9-6, fifth at the NCAA Regionals and set school

records in the uneven bars (49.550), balance beam (49.300) and floor exercise (49.425). The Bears have finished nationally ranked in each of DuBois' two seasons.

CARI DuBOIS AT CAL

Year	Record	Pct.	Regionals	Rank
2003	12-5	.706	4th	18
2004	9-6	.600	5th	25

2 Seasons 21-11 .656

2003 Pac-10 Co-Coach of the Year

2003 West Regional Coach of the Year

Prior to coming to Cal, DuBois, 35, spent six years as an assistant coach at West Virginia (1996-02) and three years with the Golden Bears (1993-96). At West Virginia, she helped the Mountaineers attain their highest national ranking ever (fourth, 2000) and helped lead West Virginia to a pair of 12th-place national finishes in 1999 and 2000. While she was in Morgantown, three WVU gymnasts were named conference gymnasts of the year, three others garnered conference outstanding senior gymnast of the year honors and Danielle Lilly became the first Mountaineer freshman to win an NCAA regional title (balance beam, 1997). During DuBois'

ALL-TIME COACHING RECORDS

Year(s)	Coach	Pct.	Record
2003-present	Cari DuBois	.656	22-11
1998-2002	Trina Tinti	.423	47-64
1994-1997	Alfred Mitchell	.597	46-31
1986-1993	Pam Burgess	.541	73-62
1982-1985	Diane Dunbar	.446	25-31
1980-1981	Dale Flansaas	.190	4-17
1978-1979	Dan Millman	.333	5-10
1977	Molly Rackham	.556	5-4
1975-1976	Debbie Bailey	.000	0-3
1974	Sue Williamson	.800	4-1
29 seasons	9 coaches	.488	219-229



In her debut season as head coach of the Golden Bears, Cari DuBois was named Pac-10 Co-Coach of the Year and West Regional Coach of the Year in 2003.

tenure, West Virginia averaged more than 20 wins per season and captured four Big East championships.

In DuBois' previous stint in Berkeley, under then-head coach Alfie Mitchell, the Bears accumulated a 37-20 (.649) record and she coached the last Cal NCAA qualifier prior to Dodd, Candice Kwok in 1994. During DuBois' last season at Cal in 1996, the Bears set a record team score of 193.925.

Prior to collegiate coaching, DuBois spent time instructing and choreographing routines at several gymnastics camps and clubs nationwide, including the National Gymnastics Village in Colorado Springs, Colo. DuBois has also spent time as a camp instructor at the Universities of Alabama, Georgia and West Virginia, coaching gymnasts of all skill levels. She is a certified Level 10 judge, with experience judging levels 5-10 in California, Colorado, Indiana, Nevada, Pennsylvania and West Virginia.

As a competitor, DuBois was a four-year letterwinner and three-time Mid-American Conference selection at Ball State from 1989-92. She earned team MVP honors in 1990 and 1992, as well as being nominated for Most Valuable MAC Gymnast of the Year and Top Female Athlete at Ball State. DuBois won the 1989 MAC Championship meet vault crown and the 1992 MAC floor exercise title. While competing for the Cardinals, DuBois set school records in the all-around (37.75) and vault (9.80).

A native of St. Joseph, Mo., DuBois received her bachelor's degree in exercise science and wellness from Ball State in 1992 and hold's a master's degree in athletic coaching education from West Virginia University.

COACHING STAFF

STEVE ARKELL

*Assistant Coach
Second Year*

As DuBois' top assistant, Steve Arkell assists with recruiting, spotting, conditioning and event preparation. Arkell was a U.S. National Team coach from 1998-02 and a Junior Olympic National Team coach from 1989-03. In his time with USA Gymnastics, Arkell helped produce 10 Level 10 national champions, as well as one international elite champion.



The Placerville, Calif., native spent two years at the University of Pacific sports medicine center, before becoming one of the charter members of the USAG safety association. Arkell holds Junior Olympic Coach of the Year honors in Washington, Oregon and California. The co-owner and head coach of his own American Elite Gymnastics from 1998-02, Arkell has been a Master Clinician at numerous gymnastics academies. With his pedigree in all levels of gymnastics, Arkell brings a strong technical background and international experience to the Golden Bear program.

His wife, Sue, is in her second season as an assistant with Cal. The couple reside in Point Richmond with daughter, Stormy (11) and twins, Dallas and Dalton (9).

SUE ARKELL

*Assistant Coach
First Year*

A volunteer assistant in 2004, Sue Arkell returns to Cal in 2005 overseeing choreography and will assist with coaching on floor exercise and balance beam routines. Arkell spent 15 years as a coach at the Junior Olympic and International Elite levels and from 1998-02 she was a U.S. National Team coach.



With husband, Steve, she helped produce 10 Level 10 national champions and one international elite champion. She was also co-owner of American Elite Gymnastics from 1998-2002. Overall, Arkell brings a wealth of experience as a clinician, choreographer and dance specialist.

JON YONAMINE

*Trainer
First Year*

Jon Yonamine joined the Cal program as a graduate assistant athletic trainer in 2003 after having spent time as a seasonal assistant athletic trainer with the NHL's Anaheim Mighty Ducks (2000-02) and NFL's New York Jets (2002-03).

The Torrance, Calif., native previously worked with Cal's football, baseball, men's water polo and men's and women's swimming teams. Yonamine earned his bachelor's degree from UC Irvine where he worked as an intern athletic trainer with the Anteaters' athletic department. He is currently in his last year of graduate work at CSU Hayward, studying for a master's degree in kinesiology.



JEREMY LAWSON

*Strength and Conditioning Coach
First Year*

Jeremy Lawson arrived in Berkeley in July 2004 after serving as assistant strength coach at UCLA (2003-04) and graduate assistant strength coach at San Jose State (2000-02). He is certified as a Strength and Conditioning Specialist by the NSCA and is a certified Level 1 Weightlifting Coach by USA Weightlifting.

A member of the Collegiate Strength and Conditioning Coaches Association, Lawson received his bachelor's degree from Redlands in 2000 and earned a master's degree in kinesiology from San Jose State in 2003.



2005 GYMNAST BIOS

JUSTINE CEPHUS

All-Around
Sophomore
5-0
Los Angeles, Calif. (Beverly Hills HS/All-Olympians Gymnastics)



DuBois on Cephus
“Justine is incredible on the balance beam and vault. A lot of her success this year will depend on her strength and how well she rehabs (a torn ACL).”

CAL: Returning to the Bears lineup this season after tearing her right ACL and meniscus last season. **HIGH SCHOOL/CLUB:** 2002 Junior Olympic national beam champion and second in 2003 ... 2003 California State floor and all-around champion ... 2003 Region 1 beam champion ... 2002-03 Region 1 national team member ... captain of her All-Olympians club team in 2003. **PERSONAL:** Undeclared major ... would like to attend law school after graduation ... parents are Jolene and Alonzo Cephus ... has one brother, Alexander (12) ... Justine Akiko Cephus was born June 24, 1985 in Los Angeles.

MY-LAN DODD

All-Around
Senior Co-Captain
5-4
Seattle, Wash. (Garfield HS/Cascade Elite Gymnastics)



DuBois on Dodd:
“One of the most calm and collected competitors I’ve ever worked with. Nothing fazes her. I’d like to see her win a regional or national title and I know she’s capable of doing that. I feel she has a lot of untapped potential. And she knows how to compete. People love to watch her perform.”

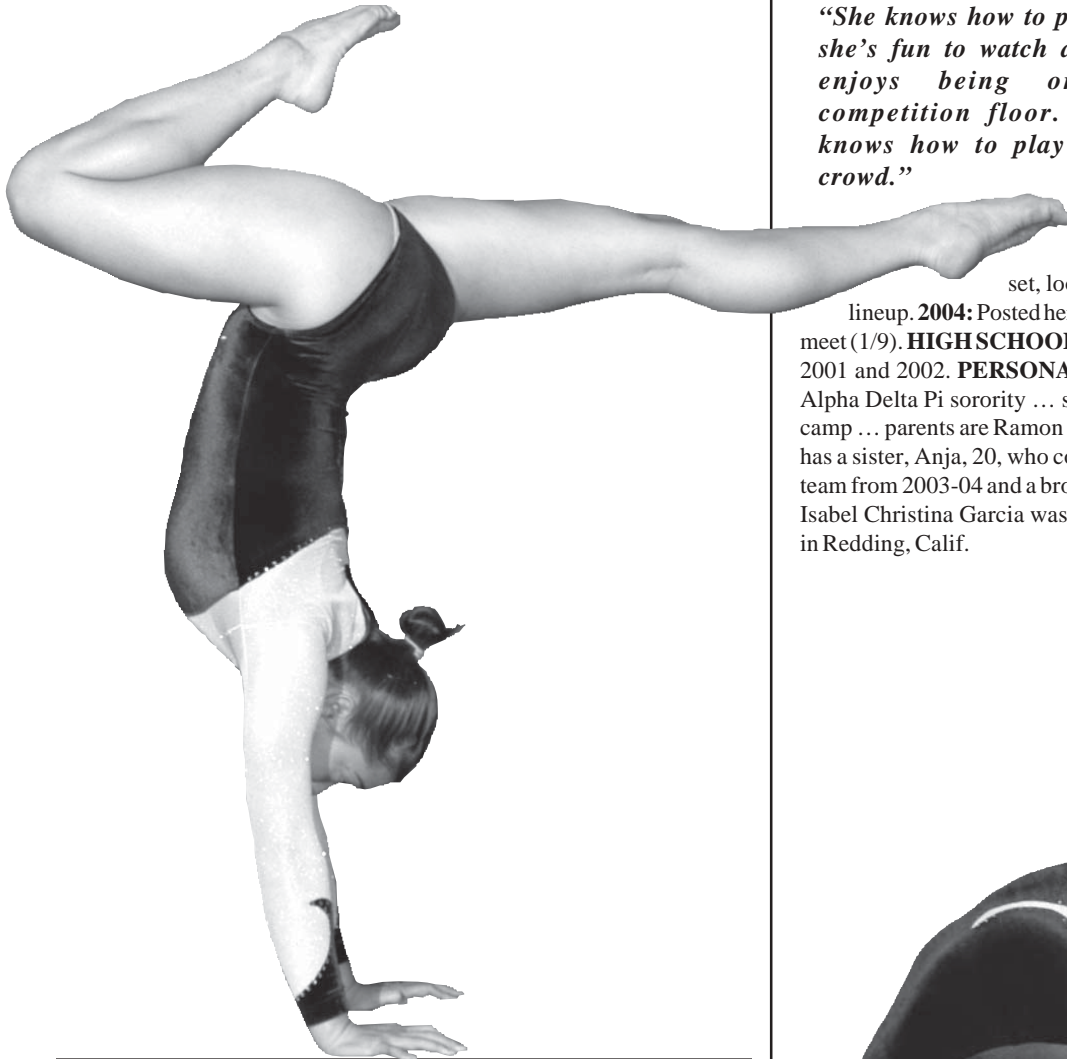
CAL: Expected to be one of Cal’s top all-around competitors again ... owns four of the top five individual all-around marks in Cal history with best score of 39.675 ... owns a share of program record on vault (9.950), beam (9.950) and floor (9.950) ... qualified for 2003 NCAA Championships, becoming first Bear since Candice Kwok (1994) ... failed to post a score in just seven of a possible 190 career events. **2004:** Pac-10 beam co-champion with a career and school-best 9.950, Cal’s first and only conference beam champion ... considers it to be her top individual gymnastics moment ... 39.500 in all-around at Pac-10 Championships was seventh ... at NCAA West Regionals, finished T-16th on floor (9.825) and 10th in the all-around (39.150). **2003:** Posted one of the greatest individual seasons in Cal history, competing in every event in every meet for the Bears, including the NCAA Championships and NCAA Regional Championships ... at NCAA Championships, finished 13th on bars (9.775), 25th on vault (9.700), 28th on floor (9.750), 39th on beam (9.200) and 23rd in the all-around (38.425) ... at NCAA Regionals, finished 4th in all-around (39.275), which included seventh-place on floor (9.850), ninth on bars (9.800) and 10th on beam (9.850) ... at Pac-10 Championships, finished seventh in the all-around (39.500), including seventh on bars (9.900), ninth on floor, 11th on beam (9.875) and 22nd on vault (9.800) ... school-record 9.950 beam score was pivotal in helping squad claim the previous top beam score in school history (49.250) in upset of Arizona (3/7) ... finished in the Top 5 of every 2003 meet in the all-around, including four first place finishes ... ranked 17th in the nation with an average all-around mark of 39.086 ... season bars average of 9.842 was 29th in nation ... named *Inside Gymnastics* Gymnast of the Week (3/2) and Pac-10 Gymnast of the Week (3/15) ... second-team Pac-10 All-Academic. **2002:** Qualified for NCAA West Regionals and Pac-10 Championships in all four events, posting top all-around Cal individual score of season (39.325) ... at conference championships, finished 11th in all-around competition (38.875), including 19th on bars (9.800), 21st on beam (9.750), 32nd in floor (9.700) and 38th on vault (9.625). **HIGH SCHOOL/CLUB:** Member of U.S. Senior National (1999-00) and Junior Team (1998) ... qualified for World Trials (1999). **PERSONAL:** Double major in

COLLEGIATE CAREER HIGHS

Floor 9.550 (at Washington, 1/16/04)



developmental studies and sociology because “I enjoy learning about the development of the world and how it affects peoples’ lives” ... would like to work aboard upon graduation ... completed a six-week summer internship in Honduras, living with locals and working with a woman’s group (2003) ... student-member of Cal’s Athletic Advisory Committee ... parents are Michael and Jade Dodd ... has four siblings: Athena, 26 (Reed College); Sharla, 23 (Williams College); Joshua, 19 and Erik, 15 ... My-Lan Kimberly Dodd was born March 2, 1983 in Seattle, Wash.



COLLEGIATE CAREER HIGHS	
Vault	9.950 (Three times, 2003)
Bars	9.950 (vs. Ball State, 3/12/04)
Beam	9.950 (Pac-10, 3/20/04; at Arizona, 3/7/04)
Floor	9.950 (Quad Meet, 1/23/04)
AA	39.675 (at Arizona State, 2/28/04)

ISABEL GARCIA

V/BB/FX
 Sophomore
 5-2
 Fair Oaks, Calif. (St. Francis
 HS/Technique Gymnastics)



DuBois on Garcia
“She knows how to perform, she’s fun to watch and she enjoys being on the competition floor. Isabel knows how to play to the crowd.”

CAL: Showed improvement during freshman season ... with a more defined skill-set, looks to stand out even more and break into the lineup. **2004:** Posted her career high on beam (9.625) in first collegiate meet (1/9). **HIGH SCHOOL/CLUB:** Was a Level 10 national qualifier in 2001 and 2002. **PERSONAL:** Majoring in public health ... member of Alpha Delta Pi sorority ... spent summer 2004 teaching at a gymnastics camp ... parents are Ramon and Raija Garcia ... has a sister, Anja, 20, who competed on the Cal team from 2003-04 and a brother, Emilio, 13 ... Isabel Christina Garcia was born Nov. 11, 1985 in Redding, Calif.



COLLEGIATE CAREER HIGHS:	
Beam	9.625 (at CS Fullerton, 1/9/04)
Floor	9.850 (at Stanford, 2/20/04)

MIHO MAEDA

All-Around
Senior
5-3

North Hills, Calif. (Granada Hills HS/Olympica USA Gymnastics)

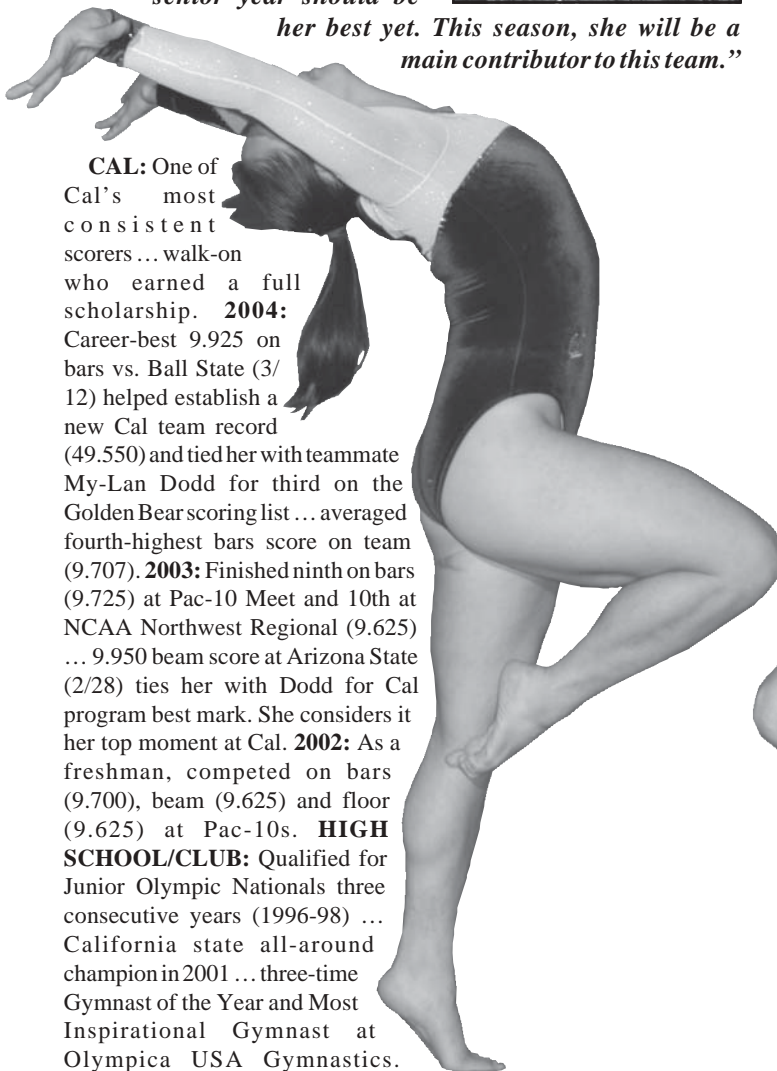


DuBois on Maeda
“Each season, Miho has returned more physically fit and her skill level has improved tremendously. Her senior year should be

her best yet. This season, she will be a main contributor to this team.”

CAL: One of Cal’s most consistent scorers ... walk-on who earned a full scholarship. **2004:** Career-best 9.925 on bars vs. Ball State (3/12) helped establish a new Cal team record (49.550) and tied her with teammate My-Lan Dodd for third on the Golden Bear scoring list ... averaged fourth-highest bars score on team (9.707). **2003:** Finished ninth on bars (9.725) at Pac-10 Meet and 10th at NCAA Northwest Regional (9.625) ... 9.950 beam score at Arizona State (2/28) ties her with Dodd for Cal program best mark. She considers it her top moment at Cal. **2002:** As a freshman, competed on bars (9.700), beam (9.625) and floor (9.625) at Pac-10s. **HIGH SCHOOL/CLUB:** Qualified for Junior Olympic Nationals three consecutive years (1996-98) ... California state all-around champion in 2001 ... three-time Gymnast of the Year and Most Inspirational Gymnast at Olympica USA Gymnastics.

PERSONAL: Majoring in anthropology ... career goal of becoming a physical therapist ... fluent in Japanese ... enjoys drawing and reading in her down time ... graduated Granada Hills HS with honors ... parents are Henry and Yoshiko Maeda ... brothers Jeff (31) and Jay (30) graduated from USC and UCSB, respectively ... Kelly Mihoko Maeda was born Aug. 19, 1983 in North Hills, Calif.



BRITANI PITTULLO

All-Around
Junior
5-0

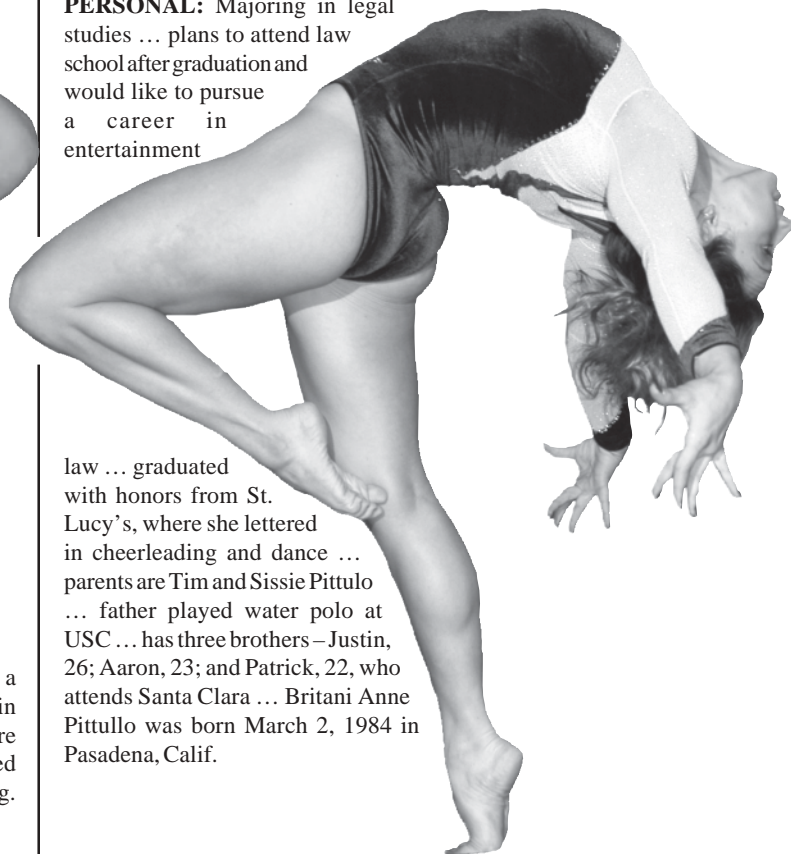
Rancho Cucamonga, Calif. (St. Lucy’s HS/SCATS Gymnastics)



DuBois on Pittullo
“She’s learned a lot of new skills, she has guts and she’s aggressive. Britani thrives on competition.”

CAL: Looks to be one of Cal’s top all-arounders this season ... walk-on who earned scholarship. **2004:** Posted Cal’s second-highest all-around score at NCAA West Regionals (39.000) after recovering from third-degree ankle sprain suffered in the Bears season-opening win at Cal State Fullerton (1/9) ... also rebounded to lead Cal in vault scoring average (9.824) ... was third in bars scoring average (9.715) and fourth in beam scoring average (9.605). **2003:** At regionals, placed 10th on beam (9.850) and 16th on floor (9.800) ... recorded three 9.900 floor scores, the second-best Cal individual mark of season ... her 9.850 floor mark vs. Arizona (3/7) helped Cal establish a new team all-around record of 196.800 ... scored a 9.825 or better on floor in all but three meets, including a 9.900 at Pac-10 Championships (3/29) for a 13th-place finish. **HIGH SCHOOL/CLUB:** MVP of club team in 2002 ... won East-West Nationals in 1998 ... placed 17th at Nationals in 1999. **PERSONAL:** Majoring in legal studies ... plans to attend law school after graduation and would like to pursue a career in entertainment

law ... graduated with honors from St. Lucy’s, where she lettered in cheerleading and dance ... parents are Tim and Sissie Pittullo ... father played water polo at USC ... has three brothers – Justin, 26; Aaron, 23; and Patrick, 22, who attends Santa Clara ... Britani Anne Pittullo was born March 2, 1984 in Pasadena, Calif.



COLLEGIATE CAREER HIGHS

Vault	9.450 (Oregon State, 1/30/04)
Bars	9.925 (Ball State, 3/12/04)
Beam	9.950 (at Arizona State/Rutgers, 2/28/03)
Floor	9.825 (Ball State, 3/12/04)
AA	38.075 (Oregon State, 1/30/04)

COLLEGIATE CAREER HIGHS

Vault	9.850 (Four times, 2004)
Bars	9.875 (Ball State, 3/12/04)
Beam	9.850 (Pac-10 Championships 3/20/04)
Floor	9.900 (Three times, 2003)
AA	39.075 (UW/Sac. St., 2/21/03)

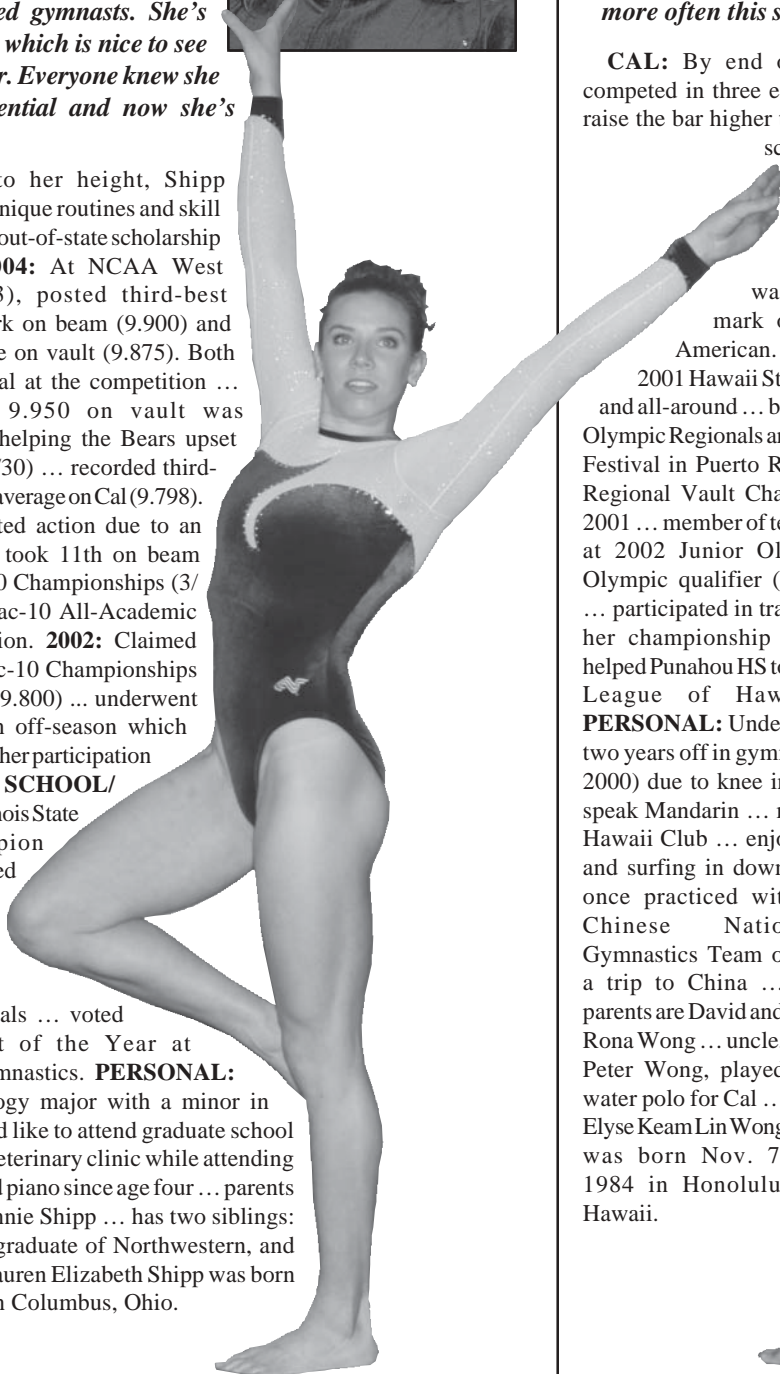
LAUREN SHIPP

V/B/BB
Senior Co-Captain
5-8
Libertyville, Ill. (Libertyville HS/
Northbrook Gymnastics)



DuBois on Shipp
“She’s going to have her best year as a collegian. This is the most fit she’s ever been and she’s one of our most improved gymnasts. She’s still learning, which is nice to see out of a senior. Everyone knew she had this potential and now she’s proving it.”

CAL: Due to her height, Shipp impresses with unique routines and skill sets...earned full out-of-state scholarship this season. **2004:** At NCAA West Regionals (4/3), posted third-best competition mark on beam (9.900) and eighth-best score on vault (9.875). Both were tops for Cal at the competition ... school-record 9.950 on vault was instrumental in helping the Bears upset Oregon State (1/30) ... recorded third-best season vault average on Cal (9.798). **2003:** Saw limited action due to an ankle injury ... took 11th on beam (9.875) at Pac-10 Championships (3/29) ... named Pac-10 All-Academic honorable mention. **2002:** Claimed 20th place at Pac-10 Championships (3/23) on vault (9.800) ... underwent ankle surgery in off-season which eventually ended her participation in floor. **HIGH SCHOOL/CLUB:** 2000 Illinois State Vault Champion (9.825) ... placed second on beam and fifth in the all-around at 2000 Junior Olympic Nationals ... voted 2000 Gymnast of the Year at Northbrook Gymnastics. **PERSONAL:** Integrative biology major with a minor in English ... would like to attend graduate school ... worked at a veterinary clinic while attending Cal ... has played piano since age four ... parents are Paul and Bonnie Shipp ... has two siblings: Hayden (23), a graduate of Northwestern, and Kristen, 16 ... Lauren Elizabeth Shipp was born Sept. 29, 1983 in Columbus, Ohio.



COLLEGIATE CAREER HIGHS

Vault	9.950 (Oregon State, 1/30/04)
Bars	9.775 (at Arizona, 2/6/04)
Beam	9.900 (NCAA Regionals, 4/3/04)

ELYSE WONG

All-Around
Sophomore
5-1
Honolulu, HI (Punahou HS/
Kokokahi Gymnastics)



DuBois on Wong
“Elyse is a very hard worker and is very consistent and steady. We hope to have her in the lineup more often this season.”

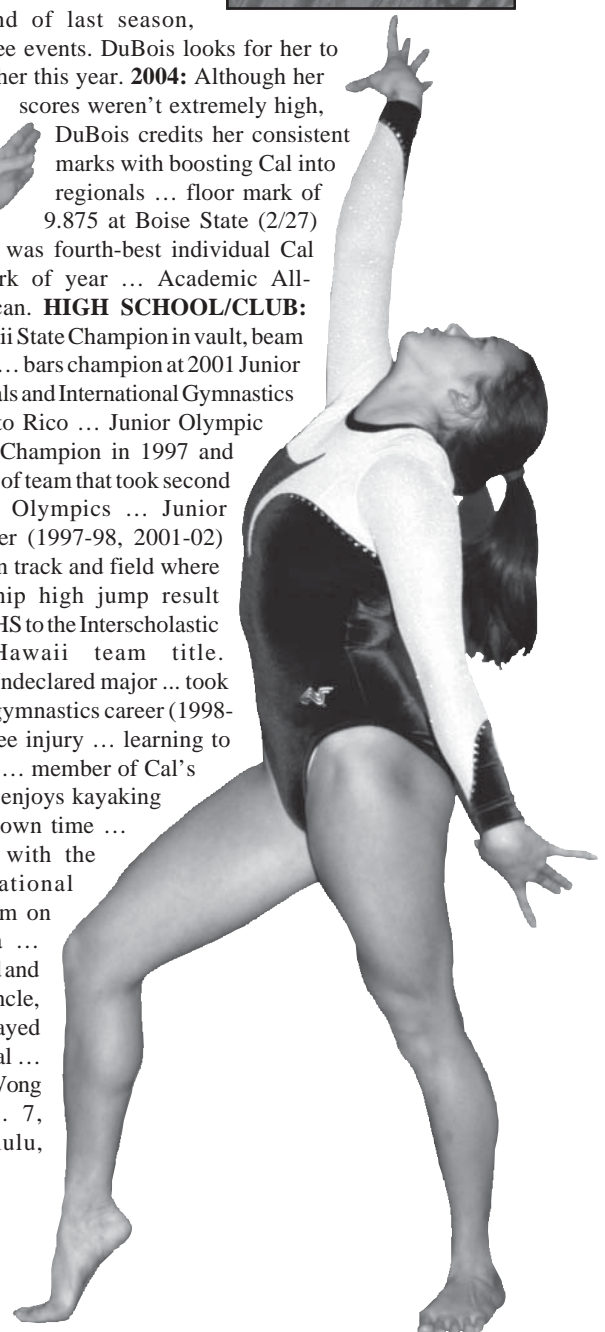
CAL: By end of last season, competed in three events. DuBois looks for her to raise the bar higher this year. **2004:** Although her scores weren’t extremely high,

DuBois credits her consistent marks with boosting Cal into regionals ... floor mark of 9.875 at Boise State (2/27) was fourth-best individual Cal mark of year ... Academic All-American. **HIGH SCHOOL/CLUB:**

2001 Hawaii State Champion in vault, beam and all-around ... bars champion at 2001 Junior Olympic Regionals and International Gymnastics Festival in Puerto Rico ... Junior Olympic Regional Vault Champion in 1997 and 2001 ... member of team that took second at 2002 Junior Olympics ... Junior Olympic qualifier (1997-98, 2001-02) ... participated in track and field where her championship high jump result helped Punahou HS to the Interscholastic League of Hawaii team title.

PERSONAL: Undeclared major ... took two years off in gymnastics career (1998-2000) due to knee injury ... learning to speak Mandarin ... member of Cal’s Hawaii Club ... enjoys kayaking and surfing in down time ...

once practiced with the Chinese National Gymnastics Team on a trip to China ... parents are David and Rona Wong ... uncle, Peter Wong, played water polo for Cal ... Elyse Keam Lin Wong was born Nov. 7, 1984 in Honolulu, Hawaii.



COLLEGIATE CAREER HIGHS

Vault	9.700 (at Stanford, 2/20/04)
Beam	9.175 (Ball State, 3/12/04)
Floor	9.875 (at Boise State/Southern Utah, 2/27/04)

NEWCOMERS

ALEXANDRA DILLON

V/BB/FX
Freshman
5-2

Salinas, CA (Salinas HS/
Elite Gymnastics)



DuBois on Dillon

"She has unlimited potential. She's capable of learning a lot of new skills."

CAL: Competition time will depend on how well she heals a fractured navicular bone (right foot) she injured prior to college. **HIGH SCHOOL/CLUB:** Level 9 Western Nationals competitor in 2002 ... holds highest vault average for Elite Gymnastics. **PERSONAL:** Intended integrative biology or psychology major ... would like to pursue a career in pediatrics or chiropractics ... former Junior Olympic judo competitor ... parents are Charles and Barbara Dillon ... sister, Amelia, attends Sacramento State and brother, Farrell, attends Hartnell College ... cousin, Terry Schroeder, captained the U.S. water polo team in two Olympic Games ... Alexandra Therese Dillon was born Aug. 16, 1986 in Salinas, Calif.

SIOBHAN LUCE

All-Around
Freshman
5-5

Reno, NV (Galena HS/
Flips Gymnastics)



DuBois on Luce

"She knows how to perform on the floor and how to play to the crowd. We expect her to be a consistent all-around scorer."

CAL: Expected to compete on three-to-four events this season. **HIGH SCHOOL/CLUB:** Former Junior Olympics Level 10 national qualifier. **PERSONAL:** Considering political science or psychology as a major ... spent summer prior to Cal interning in the office of U.S. Congressman Jim Gibbons (R-Nev.) ... National Honor Society member and Nevada Silver Scholar Award recipient ...

Parents are Michael and Celeste Luce ... Marie Siobhan Luce was born Jan. 1, 1986 in San Jose, Calif.

KEIKO NAKAMURA

All-Around
Freshman
4-11

Chula Vista, CA (Bonita Vista
HS/ Sea Wind Gymnastics)



DuBois on Nakamura

"We're extremely pleased with her. She's very flexible and dynamic and has loads of potential."

CAL: As a freshman, expected to contribute highly to the Bears' success on balance beam. **HIGH SCHOOL/CLUB:** 2004 Junior Olympics national qualifier ... took sixth on beam at Junior Olympic regional competition ... 2002 YMCA National Championship beam titlist ... 2000 and 2001 YMCA National All-Star Team member. **PERSONAL:** Undeclared major ... parents are Brian and Emiko Nakamura, both UCLA graduates ... has two siblings: Akemi, 21, attends UCSD and Matthew, 19, attends Long Beach State ... grandfather, Frank, played football at Michigan ... Keiko Laura Nakamura was born July 24, 1986 in Santa Monica, Calif.

ALLI SZUTU

All-Around
Freshman
5-2

Castro Valley, CA (Castro Valley
HS/Airborne Gymnastics)



DuBois on Szutu

"We're excited to have her. Alli is a great competitor and amazing to watch on bars. She's very powerful and dynamic."

CAL: DuBois expects her to make an immediate impact on the squad as an all-arounder.

HIGH SCHOOL/CLUB: In 2004, was a national championships qualifier, finishing 10th on vault. At regional level, fourth in all-around, second on vault and floor and at states, first on bars, second in all-around and second on vault ... In 2003, fourth on vault at national championships. **PERSONAL:** Undeclared major ... parents are Peter Szutu and Jan Eldred ... has one brother, Michael, 13 ... Allison Lian Szutu was born July 8, 1986 in Oakland, Calif.

NICKI WELLS

All-Around
Freshman
5-3

Auckland, New Zealand
(Westlake Girls HS/North
Harbour Gymnastics Club)



DuBois on Wells

"An incredible athlete. I've never seen anyone work as hard as her. She's focused, positive, intense and mature."

CAL: Internationally experienced gymnast who is expected to be one of the Bears' top all-around scorers. **NEW ZEALAND/NATIONAL TEAM:** New Zealand 2003 All-Around National Champion ... member of New Zealand's 1999 and 2003 World Championships Teams ... 2002 Commonwealth Games participant ... competed at 2000, 2002 and 2004 Pacific Alliance gymnastics competitions. **PERSONAL:** Undeclared major ... interested in a career in consumer research ... enjoys surfing in free time ... moved away from home at age 12 to further gymnastics career ... parents are Paul and Philippa Wells, graduates of the University of Canterbury ... has one brother, Simon (18) ... Nicola Rachel Wells was born Oct. 15, 1984 in Hamilton, New Zealand.